Learn a Technique
1 Mug Rug at a time
Includes: applique, quilt as you go, paper piecing, & curved piecing

Patchwork Posse
any stitch, any time, anywhere...
**Materials Needed:**

- fabric for the apple core
- apple core template
- batting - 6” X 6” for each mug rug
- backing - 7” X 7” for each

**Apple Core Mug Rug Instructions:**

1) Cut our 2 light and 2 dark apple cores, using your template
2) Find the center of one end and one valley and pin together
3) Pin the ends together
4) Sew along the end
5) Repeat with other 2 light and dark pieces
6) Lay flat the pieces and iron the curve
7) Take the two pairs and match the center seams. Pin in place
8) Iron open and trim the squares to 6” X 6” – the curved sides will be cut off
9) Layer the batting behind the top. Center on top of the backing.
10) Quilt with your machine around the curves
11) Fold the backing to the front and iron to set
12) Fold the outside edge again and sew in place
13) At the corner- open the fold, and then fold at a diagonal. Then fold the next side twice as before and continue sewing

Continue around the whole little piece. If you’d like your mug rug to be a bit bigger, then join two blocks before you add the batting and backing.

For quilting, I kept it simple. I stitched 1/4” from the seams on either side. Only on the curved seams. If you’d like you could do more quilting or even some hand quilting in the larger spaces.
Peppermint Twist
Mug Rug

*Learn curved piecing*

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Apple Core Template- make your own

Materials Needed:

Scissors & pencil

paper- can be any color or white. Heavier cardstock works great for making templates with. Check out another post here for materials you can use for template making.

something round- I used a plate which measured 5 1/2” circle (if you’d like to go mega large, find and use a platter. Smaller— how about a tea cup plate.

How to make an apple core template:

1) Lay your plate on top of your paper and trace with a pencil. Repeat with second paper.

2) Cut out the circles with scissors

3) Fold the circle in half and crease well

4) Fold the circle in half again and crease well. Repeat these steps with the second circle.

5) Lay one circle on top of the other —matching up the creases on the sides

6) Draw a line following the top circle with your pencil.

7) Cut out along lines you have drawn –revealing the apple core shape.

This final shape will be larger than your finished apple core.

If you cut your fabric the same size as this, remember that the seams will take away 1/4” on all sides.

Take this into consideration when using a plate or other object for your circle.

If you find that the shape isn’t large enough when it’s sewn together to other apple cores….. tape this template to a new piece of paper and measure 1/4” around the shape to enlarge it. Cut the larger template out and use that instead.
Quilt as You Go Technique

Quilt as you go Tutorial:

1) Cut your fusible fleece a little larger than the finished size you need. The project I was working on used a 8” X 10” size. {You will trim down later}

* the reason I use fusible fleece- it holds the backing fabric while you are working on the top. If you don’t have it you can substitute it for regular batting and use pins or a spray adhesive.

2) Cut your back the same size as the fleece. Using the instructions provided, fuse the fleece to the wrong side of the backing fabric

3) Place a scrap -right sides facing up on the fleece side

4) Place another scrap -right sides facing the first scrap. Match one length of edge and pin in place

5) Sew along the matching edge, trim any extra fabric underneath if needed

6) Flip open and iron

7) Place another scrap - right sides facing. Match one length of edge and pin in place

8) Continue steps 5-7 until you have covered the fleece

9) Iron well

10) If you’d like you can go back and sew some additional lines – just for finishing look sake

11) Trim the edges to the size you had decided on in step 1
Quilt as You Go Mug Rug

Materials Needed:
scraps of fabric for the mug rug top
backing fabric 8" X 10"
scraps for applique pieces
Applique templates
Therm O Web HeatnBond® Lite Fusible applique
Therm O Web Fusible Fleece

Instructions for sewing your holiday mug rug:
1) Cut your fusible fleece and backing fabric to 8" X 10"
2) Fuse your backing fabric to the fleece using the instructions provided
3) Sew your scraps to the fused pieces following this tutorial for the quilt as you go method
4) Trace your applique pieces on the Therm o Web HeatnBond fusible- follow instructions to fuse to fabric scrap
5) Cut out and place on finished mug rug top. Iron in place
6) Sew around the outside of the fused holiday applique pieces to secure- you can do raw edge applique, button hole stitch, or zig zag if you’d like.
7) Bind the edges
Materials Needed:

Ghost Templates- Print them here. {Notice that the templates include 2 shapes of ghosts. The piece of quilted material is large enough to make 3 ghosts.}

white fabric strips-- can be any width. I used white background fabric with a little black pattern and also white on white prints

Batting- 18" X 18"

Backing- 18" X 18"

Black fabric scraps- eyes and mouth

Heatnbond lite fusible

Ghost Mug Rug Tutorial~ with the Quilt As you Go Technique~

1) Cut your backing and batting to 18" X 18" -layer them together- wrong sides of fabric is facing the batting

2) Place your first strip in the center of the piece

3) Pin in place your second strip- right sides facing and sew along the edge

4) Flip the strip back, iron and then place next strip in place

5) Continue this Quilt As you Go technique until the batting is covered- trim the sides to match the backing

6) Quilt a 1/4" on either side of the seams

7) Print and cut out ghost templates

8) Pin in place and trace on the backside around the template

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Ghost Mug Rug Tutorial~ with the Quilt As you Go Technique~

7) Print and cut out ghost templates
8) Pin in place and trace on the backside around the template
9) Sew on the drawn line
10) Cut with pinking shears just past the stitching
11) Fuse to the wrong side of black fabric the HeatnBond lite
12) Cut out eyes and mouth and fuse to the ghost
Ghost Mug Rug Templates

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Ghost Mug Rug Templates

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Mushroom Mug Rug

Materials List:

Background: Fat Quarter
Mushrooms- Scraps for tops & bottoms
Cut 4 strips for the border
2– 2” X 7 1/2”
2– 2” X 11 1/2”

Before you begin-

- Please read all instructions.
- The assumed width of fabric is 42” for this pattern.
- ¼ inch seam allowance is used for all seams
- Understand that this paper piecing pattern DOES NOT include the 1/4” seam allowance. The only time you need to worry about that is at the end when you are trimming your whole block, but just be aware.
**Mushroom Mug Rug**

**Block Instructions:**

After you have cut out your template, lay the chosen fabric for the mushroom stem on the bottom of the pattern. Notice that the right side is facing away from the paper. I have pinned this piece– it always shifts when you turn it to sew…so pin it! {a flat pin will work the best}

You will need to make sure that your piece is at least 1/4" larger than the template it is for….remember, the seam allowance is not given. The lines that you see on the template are your SEWING LINES!! So, you will need your fabric to go past this 1/4” so you won’t get holes in your mushrooms later.

With the paper on the bottom and the fabric on the top, fold back one edge until you line up the black line with the edge- Use your wooden pressure here to get a good crease.

Open the paper and fabric up- you will notice that there is a crease in the fabric. If you can’t see it well enough, refold and repress with the wooden pressure.

Place your next piece right side down on top…..let this piece go past the crease 1/4” for your seam allowance.
Pinch with your fingers or pin in place, then turn so the paper is now on top—showing your sewing lines.

Sew on the lines with your sewing machine. *backstitch at both ends- this will help the seam stay when you are removing the paper later.

Open up the fabric that you have just sewn and using your wooden iron, give it a good press.

Fold back the fabric and the paper {you don’t want to cut it!} and trim any extra fabric that is past the seam. If you don’t, it will make the block bulky and if there is a lighter color on top the other seam will show through!

Repeat the same process with the top of the mushroom. It really is like sewing by number. Make sure you use your wooden iron with each step and it will keep your seams nice and no puckers in the folds!

Place the block right sides facing down, paper on top. Trim your block using the paper as a guide. Cut 1/4” past the outside edge {remember this is your seam allowance!}

Sew the top of the mushroom to the bottom of the mushroom, making one complete mushroom block.

Repeat with the second mushroom block.

Sew the blocks together, side by side. Trim to 8 1/2” X 7 1/2”

Sew the borders to the sides and top and bottom

Trim to 10 1/2” X 11 1/2”

Cut back and batting same size.

Sew all the way around leaving a 3” opening for turning.

Trim corners and turn right sides out. Iron {with a real hot one this time}

Sew 1/8” all the way around—closing the opening used for turning. Sew again just inside the border
Swirling Snowflake Mug Rug

By Patchwork Posse

This little cuttie turns out to be 6 ½” X 12 ½”. Big enough for a cuppa and a plate of dippers. mmmmm

Mug Rug

Snowflake block:

1) Cut 1 block out of snowflake background 6 ½” X 6 ½”
2) Lay the heat and bond on top of the snowflake template. Trace for a total of 1 snowflakes.
3) Iron to the wrong side of the snowflake fabric and cut out.
4) Peel off backing and iron to the right side of the background for the snowflake.

Pinwheel block:

1) Lay one background on a color square.
2) Draw a line from one corner to the other.
3) Sew on each side of the drawn line ¼” seam.
4) Cut on drawn line.

5) Iron open.
6) Lay the block out and sew the ½ square triangles together.
7) Square up block to 6 ½” X 6 ½”
Sew the snowflake block to the pinwheel block.

Cut backing 6 ½” X 12 ½”

Lay right sides together: top and backing

Pin batting on the back of the layer.

Sew all the way around leaving a 3” opening for turning.

Snip corners and turn.

Iron opening seams inside.

Sew all the way around the edge making sure you are closing that opening.

Repeat if you would like more than one. Sometimes it’s nice to sip with some friends.

Quilting: swirly design on pinwheel block. Outline of snowflake.
Instructions for sewing your binding:

This comes handy when you are sewing on binding. This is where I run into problems with a lot of bulk and bumps.

1) Mark with a pencil the same length as the strip. In this case my strips were cut 2 1/2" inches, to my mark on the strip will be the same as this.

2) Draw a line connecting the mark with the corner of the strip

3) Place the piece with the marked line on top of the next strip, right sides facing

4) Sew just outside of the line

5) Fold back the strip to make sure everything is right. Cut the extra fabric 1/4" past the seam

If using this for binding, you will notice that when you fold the trip in half, the seam will be off-set. This is why sewing it this way reduces your bulk.

** Be aware of your fabric print and pattern. The seam will be at a diagonal, making the pattern not line up. Audition your fabric before you start this process to make sure it’s what you’d like it to look like.